WHAT IS CLAIMED IS:

- 1. A solid state device comprising:
- a first material;
- 5 a second material;
 - a barrier layer formed between the first material and the second material to prevent diffusion between the first material and the second material, the barrier layer includes a metal form of at least one of Ru and Re.

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- The device as recited in claim 1, wherein the 2. metal form includes a hexagonal close packed structure.
- The device as recited in claim 1, wherein the 3. first material is a dielectric and the second material is a metal.
 - 4. The device as recited in claim 1, wherein the first material is a conductor and the second material is a metal.

- 5. The device as recited in claim 1, wherein the first material includes copper.
- 5 6. The device as recited in claim 1, wherein the metal form includes a single metallic phase in a temperature range of between about 300 degrees C and about 550 degrees C.
- 7. The device as recited in claim 1, wherein the metal form includes a single metallic phase in a temperature range of between about 300 degrees C and about 900 degrees C.
- 15 8. The device as recited in claim 1, wherein device is a semiconductor device and the first material includes a semiconductor material.
- 9. The device as recited in claim 1, wherein the barrier layer includes a thickness of 700 Angstroms or

less.

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10. A method for fabricating a semiconductor device, comprising the steps of:

providing a structure having a first material formed thereon;

forming a barrier layer over the first material wherein the barrier layer comprises at least one of Re and Ru in a metallic phase; and

forming a second material over the barrier layer to prevent diffusion between the first and second materials.

- 11. The method as recited in claim 10, wherein the metallic phase includes a hexagonal close packed structure.
- The method as recited in claim 10, wherein the first material is a dielectric and the second material is a metal.
- 13. The method as recited in claim 10, wherein the

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first material is a conductor and the second material is a metal.

- 14. The method as recited in claim 10, wherein the first material includes copper.
 - 15. The method as recited in claim 10, wherein the step of forming a barrier layer includes depositing the barrier layer at a temperature below 400 degrees C.
 - 16. The method as recited in claim 10, wherein the step of forming a barrier layer includes depositing the barrier layer at a temperature of about 300 degrees C.
- 17. The method as recited in claim 10, wherein the step of forming a barrier layer includes depositing the barrier layer by employing a chemical vapor deposition process.
- 20 18. The method as recited in claim 10, wherein the

step of forming a barrier layer includes employing a metal carbonyl as a precursor.

19. The method as recited in claim 18, wherein the metal carbonyl includes at least one of $Ru_3(CO)_{12}$ and $Re_2(CO)_{10}$

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20. The method as recited in claim 10, wherein the step of forming a barrier layer includes depositing the barrier layer at a thickness of 700 Angstroms or less.